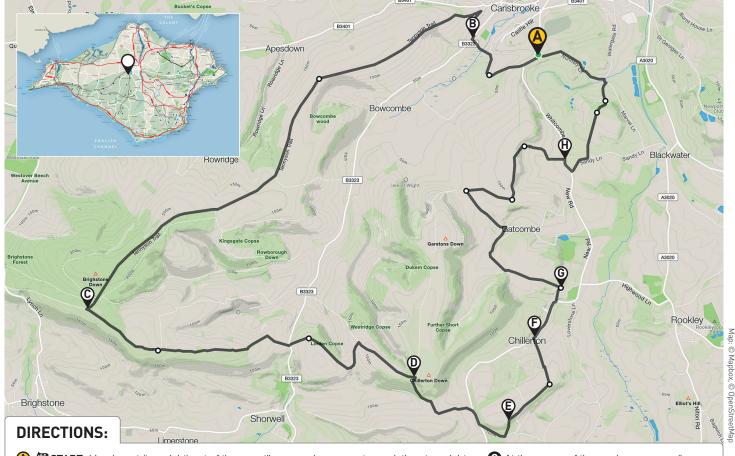


% VERY CONFIDENT ON AND OFF ROAD - NOT TOO TECHNICAL BUT FITNESS ESSENTIAL

- M START/FINISH: CARISBROOK PRIORY, WHITCOMBE ROAD, CARISBROOKE PO30 1YS
- TIME: 2-3 HOURS Bridleways and trail riding, with great views and a good experience of country life on the Island
 - DISTANCE: 23.5km / ELEVATION GAIN: 370m



A START: Head west (turn right) out of the car park. Go down Froglands Lane. Follow until you cross over a ford, The road will take you on to Catterford shute.

Cross the road and head up Nodgham Lane until you see Down Lane on your left. Follow N136A bridleway (the Tennyson Trail) for 5 miles – enjoy spectacular views of Carisbrooke Castle where King Charles 1 was imprisoned. Follow signs to Freshwater and head into Brighstone Forest.

€ At the end of the woods turn left onto B510 Limerstone Down Showell Shute, towards Cheverton Farm (where the IOW Mountain Bike Centre is located). Follow farm roads onto Cheverton Shute and cross the fast road onto SW49 Worsley Trail Northcourt Down. Climb leaving Lorden Copse on your left and keep left

until you reach a concrete road, then turn right heading towards Chillerton Down transmitting station.

D Turn right when the road ends and follow a 'grassy half-pipe' down through some wooden gates. Turn right onto Berry Shute, then left after 150m onto Berry Lane and take G15 signposted on your left.

(a) Ride to the top of the hill and turn right, follow the field passing Hollow Lane on your left before going diagonally left across a field (there may be crop in field depending on time of year). Follow until you meet the road.

Turn right, passing Chillerton Primary School on your left, until you see G8 Brook Lane on your left.

G At the corner of the road cross a small stream, and turn left onto public bridleway G6. Once you see the tarmac road, ride down leaving Newbarn Farm on the left. Turn left onto Snowdrop Lane G7a. Turn right onto a chalk road and follow until you see a sign for G6 Carisbrooke – this will take you left through a field. Follow until you see N109 on your right and head down to Whitcombe Road.

Turn right at the busy Whitcombe Road, then left onto Sandy Lane and onto N110 Marvel Lane on your left. Follow until you reach a public bridle way on your left (can be hidden so take care). The lane runs past a house and onto a road. Look for Nunnery Lane (caution, this is steep!). Ride up Nunnery Lane until you see Carisbrooke Priory.

Where possible, public footpath and bridleway reference numbers have been included in the directions.

To download the GPX data to your GPS device and find more cycling itineraries go to visitisleofwight.co.uk/inspiration/bicycle-island





